

# SCHEDULE OF DAILY ACTIVITIES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.00am to 9.00am Floating Breakfast Price: US\$86 per couple	8.00am to 9.00am Core Flow at COMO Shambhala (Open level)*	8.00am to 9.00am Hatha Yoga at COMO Shambhala (Open level)*	8.00am to 9.00am Hatha Yoga at COMO Shambhala (Open level)*	7.00am to 9.00am Floating Breakfast Price: US\$86 per couple	7.00am to 9.00am Floating Breakfast Price: US\$86 per couple	7.00am to 9.00am Floating Breakfast Price: US\$86 per couple
8.00am to 9.00am Vinyasa Yoga at COMO Shambhala (Open level)*	11.30am to 12.15pm Yoga for Kids (ages four to 12) at COMO Shambhala	9.30am to 10.15am COMO Shambhala Guide to Wellness	9.00am to 9.00pm Experience COMO Shambhala Prices start from US\$250 per person for 120 min	9.00am to 9.00pm Experience COMO Shambhala Prices start from US\$250 per person for 120 min	8.00am to 9.00am Vinyasa Yoga at COMO Shambhala (Open level)*	8.00am to 9.00am Hatha Flexibility Dynamic Movements at COMO Shambhala (Open level)*
09.30am to 10.30am Family Yoga Price: US\$135 for a family of four (two adults and two children)	12.00pm to 3.00pm Taco Tuesdays at Madi Price: Advised on Menu	11:30am to 4:00pm Family Castaway Picnic Price: US\$700 for a family of four (two adults and two children)	10.00am to 12.00pm Reef Explorer Snorkelling by Dhoni Price: US\$50 per person	10.00am to 12.00pm Kayak Snorkel Adventure Price: US\$40 per person	10.00am to 12.00pm Turtle Expedition Snorkelling by Dhoni Price: US\$55 per person	11:30am to 4:00pm Family Castaway Picnic Price: US\$700 for a family of four (two adults and two children)
10.00am to 12.00pm Turtle Expedition Snorkelling by Dhoni Price: US\$55 per person	2.00pm to 4.00pm Aqua Safari or Kids Aqua Safari with Marine Biologist Price: US\$70 per person	2.00pm to 4.00pm Guided Stand Up Paddle/ Kayak Tour Price: US\$40 per person	12.00pm to 3.00pm Sushi Brito Lunch at Madi Prices advised on menu	11:30am to 4:00pm Romantic Castaway Picnic Price: US\$400 per couple	12.00pm to 3.00pm Tandoori Kebabs at Madi Price: Advised on Menu	5.00pm to 6.00pm Restorative Yin Yoga at COMO Shambhala (Open level)*
10.30am to 12.30pm Discover Scuba Dive Price: US\$200 per person	5.00pm to 6.00pm Sivanada Yoga at COMO Shambhala (Open level)*	5.00pm to 6.00pm Vinyasa Yoga at COMO Shambhala (Open level)*	4.00pm to 5.00pm Guided Snorkelling at House Reef	2.00pm to 4.00pm Aqua Safari or Kids Aqua Safari with Marine Biologist Price: US\$70 per person	11.30am to 12.15pm Yoga for Kids (ages four to 12) at COMO Shambhala	5.00pm to 7.00pm Splash Net with Dolphin Cruise by Dhoni Price: US\$95 per person
4.00pm to 5.00pm Guided Snorkelling at House Reef	5.00pm to 7.00pm Dolphin Cruise by Dhoni Price: US\$95 per person	5.00pm to 7.00pm Splash Net with Dolphin Cruise by Dhoni Price: US\$95 per person	5.00pm to 6.00pm Restorative Yin Yoga at COMO Shambhala (Open level)*	5.30pm to 7.30pm Sunset Bottom Fishing by Dhoni Price: US\$120 per person (with fish cooking at Madi or Tai)	2.00pm to 4.00pm Guided Stand Up Paddle/ Kayak Tour Price: US\$40 per person	6.30pm to 7.00pm Marine Biology Presentation at Tai
5.00pm to 6.00pm Hatha Yoga at COMO Shambhala (Open level)*	7.00pm to 7.30pm Marine Biology Presentation at Thila Bar	7.00pm to 10.00pm Private Cinema Under the Stars Price: US\$150 per couple	6.15pm to 7.15pm Sunset Sailing Price: US\$220 per couple	7.00pm to 10:00pm Private Cinema Under the Stars Price: US\$150 per couple	5.00pm to 6.00pm Hatha Yoga at COMO Shambhala (Open level)*	7.00pm to 10.00pm Romantic Beach Dinner Price: US\$550 per couple
7.00pm to 10.00pm Taste of the Indian Ocean with Boduberu at Madi Price: US\$120 per person	7.00pm to 10:00pm Candlelit Dinner Price: US\$100 (Set-up only)	7.00pm to 10.00pm Thai Dinner Night Price: US\$120 per person	7.00pm to 10:00pm Romantic Beach Dinner Price: US\$550 per couple	7.00pm to 10.00pm Seafood BBQ at Madi Price: US\$165 per person	5.00pm to 7.00pm Dolphin Cruise by Dhoni Price: US\$95 per person	7.00pm to 10:00pm Sakura Omakase at Tai Price: US\$125 per person

Effective from February 2021

Advance booking is required for all activities. Please contact COMO Shambhala on extension 2, or Marine Sports Centre on extension 3, to check availability.

All activities are complimentary unless stated otherwise.

Private or tailor-made trips based on the excursions listed here can be organised on request. For more details please contact Guest Services team on extension 0.

Children aged three to 11 years old will be charged 50 per cent of the excursion price; infants under three years old will not be charged for any excursions. All children and infants under 12 years old need to be accompanied by a parent or guardian.

Please give at least two hours notice before the excursion start time for any cancellations. A 50 per cent cancellation fee will apply for notice of less than two hours.

All prices are subject to a 10 per cent service charge and prevailing government taxes.

\* Denotes activities that allow a limited number of participants.