triba





Tribal kids salad with tahini
yoghurt dressing
Cream of sweet potato soup
Sweetcorn tostadas
Chicken tenders
(breaded chicken fingers served
with roasted tomato salsa)



Corn and sweet potato burgers Fried bean vegetable quesadillas Boneless grilled fish

Beef tenderloin 30

All of the above can be served with a choice of the accompaniments below;
Fried bean rice
Taro bean mash
Garden salad
Steamed vegetables



Banana caramel
Apple cinnamon coconut crumble with vanilla
ice cream
Fruit platter
Chocolate lemon cake
Selection of ice cream and
sorbet



Infant Menu

Only organic branded from New Zealand



months+

Banana Kumara & Quinoa 120gm Apple, peach and apricot 120 gm



Bolognese 170gm Mango & Banana Bliss 170gm Wild Rice Risotto & Lamb 120gm Pumpkin Potato & Beef 170gm Bircher muesli 170gm

months+

Vegetable Lasagne Baby Food 170gm Carrots Red Lentils & Cheddar 120gm Minted Pears Blackcurrant & Lamb 120gm Chicken Bolognese 170gm Mango and yoghurt brekkies 120gm

Toddler

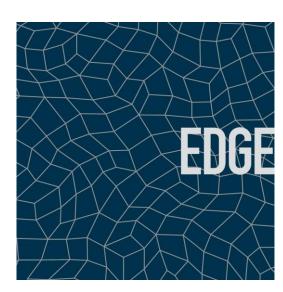
Rice Cakes 60gm (Toddler Snacks 1-5 years)





<u>Baby Formula- Nestle</u> Nan Optipro Milk powder Nan Optipro Ha Gold Formula Stage 1 Nan Optipro Ha Gold Formula Stage 2

Nan Optipro Ha Gold Formula Stage 3



MINOR menu tasting

To start

Parma ham, melon, grissini sticks Organic tomato, bocconcini, salad and fruity olive oil Creamy vegetable soup

Main course

Grilled tender steak, vegetable mash beef sauce Grilled or Steamed fish fillet, pea puree, garden salad, lemon sauce Chicken breast, fries and steamed vegetables Penne pasta, parmesan, tomato sauce

Desserts

Rainforest fruit salad, passion fruit sorbet Chocolate tart, vanilla ice cream

Kindly notify one of our team members if you have any allergic intolerance







MAIN COURSE

Stir-Fried Rice or Noodles 12
With Vegetables and Chicken

Grilled Fish Fillet Teriyaki Sauce with Vegetables and Jasmine Rice 12

Served with herb salad and tomato sauce

Grilled Beaf Steak 25

Served with Rice and Asian Vegetables

Indonesian Yellow Curry Fish or Chicken 12

Served with Steam Jasmine Rice

Beef or Chicken Katsu 20

Deep fried breaded Beef or Chicken Asian Vegetables, Rice and Fruit Sauce

Prawn Satay 15

Grilled Prawn Skewer served with Seasonal Asian Mix Vegetables and Steam Rice

DESSERTS

Thai Sticky Rice 12

Mango Cheese Cake 12

Tropical Fruit Salad with Sweet Spice 12

Chocolate Cinnamon Walnut Brownies 🕪 12

Homemade Ice Cream and Sorbet 🥯 8

STARTER

Chicken or Fish Soup with Vegetables and Noodles 12

Chicken or Fish Tempura 14

Served with herb salad and tomato sauce

Crunchy Fresh Vegetables Stick, Cucumber, Carrot, Sweet Pepper 12

Served with Asian Peanut Sauce

Herb Salad with Cuka Wakame with Soyu Dressing 12

Cherry Tomato, Seaweed and mix lettuce



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months++

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months+

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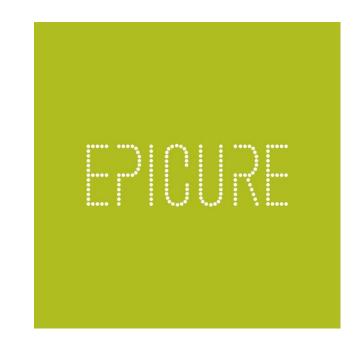
Minted Pears Blackcurrant & Lamb120gm Chicken Bolognese 170gm Mango & Yoghurt Brekkies 120gm

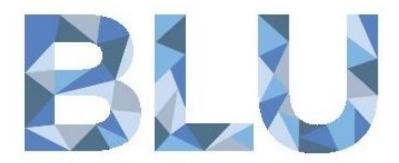
Toddler

Rice Cakes 60gm (Toddler Snacks 1-5 years)



Baby Formula- Nestle Nan Optipro Milk Powder Nan Optipro Ha Gold Formula Stage 1 Nan Optipro Ha Gold Formula Stage 2 Nan Optipro Ha Gold Formula Stage 3





KIDS ALL DAY

Spaghetti 14

Tomato Pasta Sauce or Meatballs with Tomato Pasta Sauce

Home Made Chicken Nuggets 14

Salad, Mayonnaise and Ketchup

Freshly Crumbed Fish Strip 14

Salad, Fries, Lemon and Tartar Sauce

Mini Burger 14

With or Without Cheese, Salad and Fries

Tomato Soup 11

Buttered Toast Soldier

Garden Salad 14

Carrots, Cucumber, Lettuce and French dressing

Grilled Steak or Chicken 14

Fries, Salad and Tomato Sauce

Pappa's Pizza 14

Cheezy Tomato

Peppers, Tomato, Mushroom and Cheese

French Fries with Tomato Sauce 7

TINY TOTS

Puree or Semi Puree Food available on request 9

Steamed Boneless White Fish and Peas 9

Steamed Carrots, Spinach, Broccoli 9

Crunchy Vegetables and Yoghurt 9

DESSERTS

Tropical Fruit Salad 10

Chocolate Walnut Brownies * 10

Banana Split, Ice Cream, Chocolate Sauce 🔎 10



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Pumpkin Potato & Beef 170gm
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months+

Vegetable Lasagne Baby Food 170gm
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Minted Pears Blackcurrant & Lamb 120gm
Chicken Bolognese 170gm
Mango and yoghurt brekkies 120gm



<u>Toddler</u>

Rice Cakes 60gm (Toddler Snacks 1-5 years)



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Nan Optipro Ha Gold Formula Stage 1 Nan Optipro Ha Gold Formula Stage 2 Nan Optipro Ha Gold Formula Stage 3