

せしま

SEYSHIMA



M E N U



せしま

SEYSHIMA



SUSHI, SASHIMI & APPETIZERS

SUSHI ROLLS (8 PIECES)

Vegetarian Roll 	220
Cucumber, Arugula, Avocado, Garlic Mayo	
Volcano Roll	220
Cucumber, Salmon, Cheese	
Dragon Roll	220
Prawn, Avocado, Crab Stick, Wasabi & Mayo	
Spider Roll	220
Cucumber, Mango, Crab Meat, Sesame Seed & Mayo	
California Maki	240
Crab Stick, Avocado, Cucumber, Mango, Japanese Mayo	
Rainbow Roll 	240
3 kinds of Fish, Mango, Cucumber, Avocado, Japanese Mayo	
The H Roll	280
Tuna, Asparagus, Spicy Mayo	
Orange Blossom Roll	280
Salmon, Cream Cheese, Avocado, Asparagus	
Smokey Roll 	320
Smoked Sword Fish, Cream Cheese, Mango, Asparagus, Cucumber	
Tempura Crispy Roll	320
Tempura Shrimps, Crab Stick, Cucumber & Spicy Mayo	

All Prices are in Seychellois Rupees; inclusive of 10% Service Charge & 15% Government Tax

 Vegetarian

 Contains Nuts

 Contains Pork

 Contains Alcohol

 Locally Inspired

SUSHI, SASHIMI & APPETIZERS

SASHIMI & NIGIRI

Salmon Nigiri (6 Pieces)	210
Tuna Nigiri (6 Pieces)	210
Gonkan Boat Tuna (4 Pieces)	210
Gonkan Boat Salmon (4 Pieces)	210
Gonkan Boat Crab (4 Pieces)	210
Salmon Sashimi	270
Tuna Sashimi 🌸	270
Captain Blanc 🌸	270

APPETIZERS

Miso Soup 🌿 Tofu, Spring onions, Japanese Seaweed	190
Prawn Tempura Battered, Deep Fried Prawns, Tempura Sauce	280
Salmon & Crab Salad (4 Pieces)	280
Tuna Tataki 🌸 (4 Pieces)	390

All Prices are in Seychellois Rupees; inclusive of 10% Service Charge & 15% Government Tax

🌿 Vegetarian

🐿️ Contains Nuts

🐷 Contains Pork

🍷 Contains Alcohol

🌸 Locally Inspired

THE ART OF TEPPANYAKI

Teppanyaki is a unique culinary art prepared before your eyes on a hot iron griddle. Our specially trained chef will cook your food to perfection using light seasoning and fresh ingredients for both your entertainment and palatable pleasure. To be shared with friends and family we are delighted that you join us for a night of artistic and entertaining Japanese cuisine.

FROM THE TEPPANYAKI GRILL

Tenderloin Steak	490
Rib Eye Steak	550
Salmon Steak	550
Chicken Katsu	380
Yellow Fin Tuna 	480
Prawns	550
Calamari 	390
Hibachi Vegetables & Tofu 	280

All Teppanyaki Meat Order Accompanied By a Stir Fried Soba Noodles & Seafood Order is Accompanied By a Garlic Fried Rice.

TEPPANYAKI COMBO'S

Meat Lovers Ribeye & Chicken Katsu Served with Stir Fried Soba Noodles	450
The H Resort combo Tenderloin Steak & Prawns Served with Stir Fried Soba Noodles	690
Seafood Lovers Yellow Fin Tuna, Prawn & Lobster Served with Garlic Fried Rice	990
Shellfish Combo Prawn & Lobster Served with Garlic Fried Rice	990

All Prices are in Seychellois Rupees; inclusive of 10% Service Charge & 15% Government Tax

 Vegetarian

 Contains Nuts

 Contains Pork

 Contains Alcohol

 Locally Inspired

DESSERTS & DIGESTIVE

FOR YOUR SWEET TOOTH

Japanese Sponge Cake With Matcha Ice Cream	235
Cinnamon muffin With Azuki Bean Ice Cream	235
Banana Spring Caramel Sauce	235

TO ROUND UP YOUR DINING EXPERIENCE

Baileys	120
Amarula	120
Sambuca	120
Fernet Branca	120
Fino Palomino Sherry	130

All Prices are in Seychellois Rupees; inclusive of 10% Service Charge & 15% Government Tax

 Vegetarian

 Contains Nuts

 Contains Pork

 Contains Alcohol

 Locally Inspired



DINNER MENU

STARTER

Vegetarian Roll

Cucumber, Arugula, Avocado, Garlic Mayo

OR

Miso Soup

Tofu, Spring onions, Japanese Seaweed

FROM THE TAPPENYAKI

Chicken Katsu

Served with Stir Fried Soba Noodles

OR

Yellow Fin Tuna

Served with Garlic fried Rice

DESSERT

Banana Spring

Served with Caramel Sauce



Full & half board guests are entitled to a 3 course dinner.

 Vegetarian

 Contains Nuts

 Contains Pork

 Contains Alcohol

 Locally Inspired