

## CAFÉ BITES



- Raw pea mint soup with mint oil.....\$12  
(available chilled or hot)
- Maldivian reef fish sashimi.....\$18  
with ginger and wild rocket
- Baby gem, rocket, radicchio, quinoa, heirloom  
tomato, beetroot, asparagus, radish &  
smashed spicy guacamole .....\$18  
with garlic and lemon dressing.
- Coconut milk poached free range chicken.....\$22  
with Asian cabbage & pumpkin seed salad
- Chilled rice paper spring roll with carrot, red beet & mint.....\$16  
with cucumber ginger infused lemongrass dressing  
add poached chicken.....\$22
- Charred broccoli salad.....\$16  
with lemon garlic, chilli and almonds
- Medicine Balls .....\$6  
Choose from: Beauty food | Berry burn | Vanilla bliss | Body brilliance | Cookies

## ACAI BOWLS

A delicious healthy Acai bowl mixed with our Clean & Lean supplements and topped with frozen berries, granola, almond butter and coconut flakes.

- Protein excellence.....\$6
- Body brilliance.....\$6
- Beauty food.....\$6
- Berry burn.....\$6

## DESSERTS

- Grilled pineapple with lime & wild honey.....\$16
- Banana & almond butter ice cream.....\$22
- Fresh fruits.....\$17

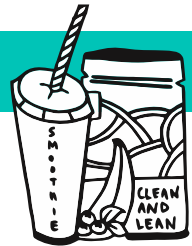


# TEA & COFFEE
















Our ethical organic coffee is sourced by small independent craft roasters, Cru Kafe. Our teas are carefully and organically produced and will have you feeling mindful and nourished.

- Clean & Lean Organic Coffee.....\$9  
Espresso, organic butter, coconut oil, cinnamon
- Brilliant Clean & Lean Organic Coffee.....\$12  
Body brilliance, espresso, organic butter, coconut oil, cinnamon
- Protein Boost Clean & Lean Organic Coffee.....\$12  
Protein excellence, espresso, organic butter, coconut oil, cinnamon
- Clean & Lean Organic Frappe.....\$17  
Protein excellence or Body Brilliance, espresso, almond milk, cinnamon, ice
- Clean & Lean Tea Selection.....\$9  
Recharge, Cleanse, Slender, Relax

# SMOOTHIES



Clean & Lean supplements are made to superboost your day. Feel free to change the milk base to the one that suits you best.

- Smoothies .....\$12
- Body Brilliance     
Body Brilliance supplement, almond milk, cinnamon (gf, df, v, veg.)
- Protein Excellence    
Vanilla Protein supplement, almond milk, cinnamon (gf, df, v, veg.)
- Ultimate Clean     
Ultimate Clean supplement, coconut water, cinnamon (gf, df, v, veg.)
- Berry Burn    
Berry Burn supplement, coconut water (gf, df, v, veg.)
- Beauty Food    
Beauty Food supplement, coconut water, green apple, lime juice (gf, df, v, veg.)
- Male Testo     
Male Testo supplement, almond milk, cinnamon (gf, df, v, veg.)
- Shake it up: Add another Clean and Lean supplement.....\$3

df: dairy free option | gf: gluten free option | v: vegan option | vg: vegetarian options